



	Mon 03-12-2018	Tue 03-13-2018	Wed 03-14-2018	Thu 03-15-2018	Fri 03-16-2018	Sat 03-17-2018	Sun 03-18-2018
B R K	1 - Vanilla Muffin 1 - Egg of Choice 1/2 c Fresh Fruit 1/2 c 100% Juice	1 - Waffles 1 oz Breakfast Ham 1/2 c Fresh Fruit 1/2 c 100% Juice	1/2 c Sausage Country Gravy/Biscuits 1/2 c Hash Browns 1/2 c Fresh Fruit 1/2 c 100% Juice	1 - Fried Egg 1 - Sausage Link 1/2 c Fresh Fruit 1/2 c 100% Juice 1/2 - English Muffin	2 - Brown Sugar French Toast 1 slice Bacon 1/2 c Fresh Fruit 1/2 c 100% Juice	1 oz Cold Cereal 1/2 c Fresh Fruit 1/2 c 100% Juice 1 slice Raisin Toast	1 - Best Apple Muffins 1 - Egg of Choice 1/2 c Fresh Fruit 1/2 c 100% Juice
S N A	1/2 c Fruit	1/2 c Yogurt	3 c Popcorn	1/2 c Fruit	1 - Homemade Cookie	1/2 c Yogurt	1 oz Crackers
L U N	1 - Southwest Turkey Wrap 1/2 c Spanish Rice 3"x 2" pc Chocolate Marshmallow Cake	3 oz Cranberry Chicken 1/2 c Baked Macaroni Cheese 1/2 c Herbed Corn 1 - Whole Grain Bread 1/2 c Fruit Crisp	3 oz Cajun Seasoned Fish 1/2 c Roasted Rosemary Potatoes 1/2 c Greens 1 - Baked Roll 1 slice Fresh Coconut Cream Pie	1 - Hot Pork Sandwich 1/2 c Fresh Mashed Potatoes 1/2 c Baby Carrots 1 slice Angel Food Cake	3 oz Garlic Parmesan Chicken 1/2 c Beans, Corn and Rice 1/2 c Sauteed Yellow Squash 1 - Baked Roll 1 Pc 2" Cherry Pudding Cake	2/3 c Braised Pork 1/2 c Boiled Potatoes 1/2 c Seasoned Cabbage 1 - Baked Roll 1 - Chocolate Sugar Cookies	3 oz Turkey Meatloaf 1/2 c O'Brien Potatoes 1/2 c Mixed Vegetables 1 - Baked Roll 1 Pc 2" Luck O' Irish Brownie
S N A	1 - Cheese/Cracker	1 - Homemade Cookie	1/2 c Fruit	3 c Popcorn	1/2 c Fruit	1 - Crackers and P/B	1/2 c Yogurt
D I N	1 c Baked Potato Soup 1/2 c Assorted Fruit 1/2 c Zesty Cucumber Salad 1 - Cheddar Biscuit	1 c Cheese Spinach Rice Bake 1/2 c Assorted Fruit 1 slice French Bread	1 c Red Beans, Rice and Sausage 1/2 c Baked Cinnamon Apples	1 - Deli Sandwich 1/2 c Assorted Fruit 1/2 c Corn	1 c Beef and Nacho Dish 1/2 c Assorted Fruit 1 oz Tortilla Chips/Salsa	1 - Hot Dogs/Sauerkraut 1/2 c Assorted Fruit 1/2 c Pickled Beets 1/2 c Pork and Beans	1 - Grilled Sandwich 1/2 c Fruit Cocktail Salad 1/2 c Green Beans 1 oz Chips
	Milk offered at every meal						Week 3