



Menus

For the week of October 8, 2018 to October 14, 2018



	Mon 10/08	Tue 10/09	Wed 10/10	Thu 10/11	Fri 10/12	Sat 10/13	Sun 10/14
Breakfast	Hot Cereal Toast Fruit/Juice	Fried Egg Sausage Toast Fruit/Juice	Bagel w/ Cream Cheese Fruit/Juice	Waffles Bacon Fruit/Juice	Ham & Cheese Omelet Fruit/Juice	Cold Cereal Peanut Butter Toast Fruit/Juice	Pancakes Sausage Fruit/Juice
1ST Snack	Fruit	Yogurt	Fruit	Peanut Butter Crackers	Fruit	Popcorn	Fruit
Lunch	Oven Fried Chicken Oven Browned Potato Wedges Carrots Cake	Baked Ham Yams Salad Roll Lemon Bars	Bratwurst with Sauerkraut Oktoberfest German Potato Salad Black Forest Cake	Country Fried Steak Country Gravy Fried Okra Cookie	Chef's Choice	Spaghetti & Meatballs Salad Garlic Toast Ice Cream	Baked Lemon Chicken White Rice Green Peas Cake
2ND Snack	Popcorn	Fruit	Cookie	Fruit	Granola Bar	Fruit	Cookie
Dinner	BLT Chips Pickle	Tuna Melt Mixed Vegetables	Baked Ham Sandwich Green Beans	Ground Turkey & Veggie Casserole	Fish & Chips Slaw	Deli Sandwich Chips	Mac & Cheese Broccoli

Snacks are offered between meals and at bedtime

- 1st snack: 9:30 A.M. to 10:30 A.M.; 2nd snack: 2:00 P.M. to 3:00 P.M.; bedtime snack

Beverages, including milk, are offered at every meal