



# Menus

For the week of October 15, 2018 to October 21, 2018



|                             | Mon 10/15   | Tue 10/16                                   | Wed 10/17   | Thu 10/18   | Fri 10/19                                 | Sat 10/20                              | Sun 10/21  |
|-----------------------------|---|---|---|---|---|--|--|
| <b>Breakfast</b>            | Cold Cereal<br>Peanut Butter Toast<br>Fruit/Juice | Fried Egg on English Muffin<br>Fruit/Juice  | Pancakes<br>Sausage<br>Fruit/Juice  | Cheese Omelet<br>Hash Browns<br>Fruit/Juice                   | French Toast Bake<br>Bacon<br>Fruit/Juice | Oatmeal<br>Raisins<br>Fruit/Juice      | Bagel with Cream Cheese<br>Fruit/Juice                     |
| <b>1<sup>ST</sup> Snack</b> | Fruit   | Toast w/ Jelly                              | Fruit   | Cookie  | Fruit                                     | Cheese & Crackers                      | Fruit  |
| <b>Lunch</b>                | Pizza<br>Salad<br>Cookie                          | Hamburger with Sides<br>Pasta Salad<br>Cake | Open Face Turkey Sandwich w/ Gravy<br>Mashed Potatoes<br>Carrots<br>Brownie | Pasta & Veggies Alfredo<br>Salad<br>Garlic Bread<br>Ice Cream | Chef's Choice                             | Pork Roast<br>Rice<br>Carrots<br>Jello | Meatballs in Gravy<br>Potatoes<br>Green Beans<br>Ice Cream |
| <b>2<sup>ND</sup> Snack</b> | Popcorn   | Fruit                                       | Granola Bar   | Fruit   | Yogurt                                    | Fruit                                  | Popcorn  |
| <b>Dinner</b>               | Bean Soup<br>Corn Bread                           | Fruit Plate<br>Cottage Cheese<br>Crackers   | Taco Salad  | Turkey Burger<br>Fries  | Hot Dogs<br>Baked Beans                   | Soup & Sandwich                        | Super Nachos   |

Snacks are offered between meals and at bedtime

- 1<sup>st</sup> snack: 9:30 A.M. to 10:30 A.M.; 2<sup>nd</sup> snack: 2:00 P.M. to 3:00 P.M.; bedtime snack

Beverages, including milk, are offered at every meal