

Menus

For the week of Dec. 03, 2018 to Dec. 09, 2018

	Mon 12/03	Tue 12/04	Wed 12/05	Thu 12/06	Fri 12/07	Sat 12/08	Sun 12/09
Breakfast	Malt-o-meal Hot Cereal Toast Fruit / Juice	Pancakes Sausage Fruit / Juice	Cheese Omlet Hash Browns Fruit / Juice	Sausage Biscuits & Gravy Fruit / Juice	Cinnamon Rolls Sausage Fruit / Juice	Cold Cereal Milk Peanut Butter Toast Fruit / Juice	Sausage, Egg and Cheese on a Muffin Fruit / Juice
1ST Snack	Fruit	Crackers & Cheese	Fruit	Yogurt	Fruit	Cookie	Fruit
Lunch	Teriyaki Meatball Bowl Dessert	Open Face Hot Roast Beef Sandwich Mashed Potatoes Vegetable Dessert	Fried Chicken Potato Salad Fried Okra Corn Muffin Dessert	Pork Souvlaki Lemon Rice Vegetable Dessert	CHEF'S CHOICE	Ground Beef Patty w/ Gravy Mashed Potatoes Vegetable Dessert	Baked Fish Rice Vegetable Dessert
2ND Snack	Popcorn	Fruit	Granola Bar	Fruit	Peanut Butter Crackers	Fruit	Popcorn
Dinner	Lenil Soup	Corn Dogs Vegetable	Seafood Casserole Salad	Soup & Salad	Penne w/ Red Sauce Vegetable	Pizza Bread Salad	Deli Sandwich Chips

Snacks are offered between meals and at bedtime

- 1st snack: 9:30 A.M. to 10:30 A.M.; 2nd snack: 2:00 P.M. to 3:00 P.M.; bedtime snack

Beverages, including milk, are offered at every meal

